



VAPING MARIJUANA/THC

Vaping has become one of the most popular modes of cannabis consumption, especially among youth. Recent data shows that more than one-fifth of high school seniors have reported vaping marijuana in the past year.¹

Vaping exposes youth to marijuana or nicotine at a time when the brain is most at risk for addiction. Because the brain continues to develop until early adulthood, roughly age 25-30, the use of any addictive substance before these years is especially risky. Young people who vape are affected much more than adults.²

WHAT IS HAPPENING TO YOUR LUNGS?



Several thousand lung injuries and deaths have also been associated with an illness, called EVALI. EVALI is linked to vaping devices containing THC, the psychoactive ingredient in marijuana, tobacco, and Vitamin E Acetate, a thickening agent sometimes added to the e-liquid.³

EVALI is a serious medical condition in which a person's lungs become damaged from substances contained in e-cigarettes and vaping products.



EVALI may cause the following symptoms:

- Shortness of breath
- Cough
- Chest pain
- Fever and chills
- Diarrhea, nausea, vomiting, and abdominal pain
- Rapid heartbeat
- Rapid and shallow breathing⁴

MORE INFORMATION



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2. [Effects of Vaping on Teens. \(n.d.\). Partnership to End Addiction. <https://drugfree.org/article/effects-of-vaping-on-teens/>](#)
3. [Vaping and Marijuana: What You Need to Know. \(n.d.\). Partnership to End Addiction. <https://drugfree.org/article/vaping-and-marijuana-what-you-need-to-know/>](#)
4. [E-cigarette, or Vaping Product, Use Associated Lung Injury \(EVALI\). \(n.d.\). Yale Medicine.](#)
5. <https://www.yalemedicine.org/conditions/evali#:~:text=EVALI%20is%20a%20serious%20medical>